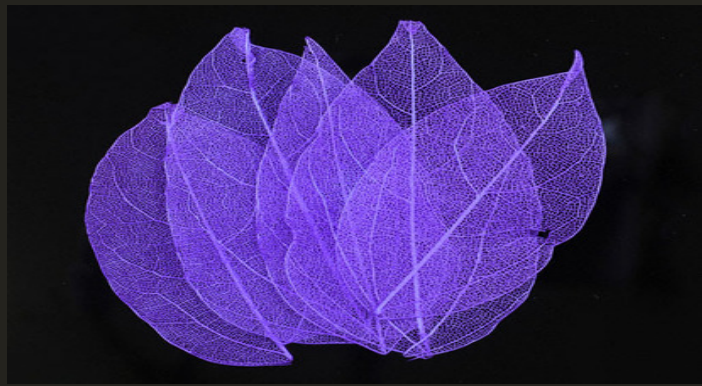




October 25th to December 7th 2014

Fall Study Period 2014

@ hartford street zen center



We would like to invite **YOU** to the Fall Practice period @ HSZC!

Periods of focused practice are an ancient and vital part of Buddhist, and especially Zen, tradition. During the Study Period and Winterlight Retreat we will have an opportunity to focus on meditation and inner reflection, deepening our practice of the Buddha Way together.

Modeled on the traditional 90 Day Ango (Practice Period) the Study Period will include opportunities for private interviews with Rev. Myo (dokusan), lectures and special ceremonies, as well as semi-formal meals (oryoki style), teas, and additional periods of meditation.

The weekly schedule will include:

3 Monday evening lectures by the Shuso (head student), Rev. David Daiko Tanzen Bullock, at 7pm on Monday 27 October, 10 November and 24 November.

The Shuso will also give the **Saturday morning Dharma Talk on 15 November.**

Tuesday evenings we will gather for Sangha Tea at 7:00pm with the Study Period participants. This is a semi-formal tea and discussion held in the living room with Rev. Myo and Rev. David.

Wednesday, Thursday and Friday evenings the schedule will remain as usual, including Study

The Study Period begins with a One Day Sitting on Saturday 25 October at 6:00am.

There will be two periods of zazen 6:00am and 6:50am, then chanting service, oryoki breakfast, followed by 9:25am zazen, 10:15am lecture and a Study Period Opening Ceremony. We will then move to a silent, brown bag lunch an afternoon sitting, finishing with chanting mid-afternoon.

Hour on Thursdays at 7:30pm.

Friday evenings will be Shuso Tea. The Shuso Tea is an intimate gathering, by invitation, with 1-2 study period participants held in the Shuso's quarters.

Each practice study period participant will share this tea with the head student once during the Study Period.



Weekly Fall Study Period Schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|--------------------------------------|---------------|-----------------|----------------|-----------------------|--------|
| 7:00 am zazen | 6:00 am zazen | 6:00 am zazen | 6:00 am zazen | 6:00 am zazen | 6:00 am zazen | |
| 7:40 am service | 6:40 kinhin | 6:40 kinhin | 6:40 kinhin | 6:40 kinhin | 6:40 kinhin | |
| | 6:50 zazen | 6:50 zazen | 6:50 zazen | 6:50 zazen | 6:50 zazen | |
| | 7:20 service | 7:20 service | 7:20 service | 7:20 service | 7:20 service | |
| | 7:40 soji | 7:40 soji | 7:40 soji | 7:40 soji | 7:40 soji | |
| | * LECTURE DATES: 10/27, 11/10, 11/24 | | | | 8:00 formal breakfast | |
| | | | | | 9:25 zazen | |
| | | | | | 10:15 lecture | |
| | | | | | 11:00 kinhin | |
| | | | | | 11:10 zazen | |
| | | | | | 11:50 service | |
| | | | | | Noon - tea & cookies | |
| 6:00 pm zazen | 6:00 pm zazen | 6:00 pm zazen | 6:00 pm zazen | 6:00 pm zazen | | |
| 6:40 service | 6:40 service | 6:40 service | 6:40 service | 6:40 service | | |
| 7:00 lecture* | 7:00 Sangha Tea | | 7:30 Study Hour | 7:30 Shuso Tea | | |

The Study Period will conclude with the annual *Winterlight Retreat 3-7 December.

7 December we will have the Buddha's Enlightenment Ceremony and Closing Ceremony for the Study Period.

To register and discuss your individual Study Period practice commitment during these 6 weeks, **please send an e-mail to** hszc108@yahoo.com

Suggested donation for Study Period and Winterlight Retreat is \$125 members \$135 non-members.

* *The Winterlight retreat schedule will post soon and Winterlight Retreat only attendance is \$85 members \$95 non-members*



Email: hszc108@yahoo.com

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